Creating Rapport

How To Begin To Build A Relationship
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It is really important in sales to be able to communicate with our clients. Creating rapport is a process by which we begin to build a relationship. When we meet someone for the first time they are naturally a bit wary.

They are asking themselves questions like:

- Who is this person I am talking to? What do they want?
- What are they trying to sell me? Can I trust them?
- Are they going to put me under pressure?

The ability to create rapport is the ability to begin creating a harmonious relationship based on mutual trust. It is the art of making someone feel comfortable and accepted.

It all starts when you first meet someone. Remember the old saying, “A first impression is a lasting impression.” It’s true. If you cannot communicate effectively, then you won’t be able to sell yourself to others or build rapport.

Your overall goal should always be to make the other person feel important or at least liked and understood. It takes time, but successful people will agree that it’s time well spent.

You may not realise it, but judgments are made about you by the way you look, your clothes, hair, facial expressions, and your posture. And unfortunately, decisions are made by others based on whether or not they find you appealing. The other person will usually make these decisions within five seconds upon meeting you.

Before you even open your mouth, people are sizing you up. At first people will listen to what they see, not what they hear. Other people will judge you by how you stand, how you walk, how you shake hands, how you smile, and how you sit.
You can help influence a person’s impression of you. For example, darker clothing colours suggest authority. Lighter colours suggest friendliness or a sense of humour.

Dressing carefully and thoughtfully for a meeting shows respect for the other person. When you dress with care, walk with command, extend your hand, smile, and greet a person with a secure tone of voice, you are letting that person know you are a person worthy of respect. You are saying, “If you respect me, I’ll respect you.” And that is a very good starting place for a relationship.

People, who have mastered the art of rapport, know that the visual can be misleading. There is an old adage that says, “You can’t judge a book by its cover.” To get past the cover and into the contents, you must employ the art of conversation. Some people are good at it. Others don’t have a clue as to where to start. It begins simply with the sharing of information.

When you first meet someone, you should always try to learn something about that person that you can relate to an experience in your own past. It’s fun to talk to someone with whom you have something in common, an event, a mutual acquaintance, or some other shared history. You can find some common element with everyone, and you should always try.

Casual conversation does have its place so you shouldn’t be too eager to jump directly into business or some other agenda. It’s important that you don’t come to a meeting or negotiation with one agenda. Rather, you should always go into these situations with an open mind. You miss a valuable opportunity to build rapport if you are inflexible or don’t listen. Being an active listener is often more important in building rapport than being an active speaker.

If you have a relaxed view of the world and have a sense of humour, it will engender people’s confidence in you. Confidence breeds respect, and respect builds trust. The ability to laugh at yourself has a deep, psychological appeal to others. And this is a great quality to possess.

One of the hardest situations in which to establish rapport is the telephone conversation, because you cannot see the face of the other person with whom you are speaking. Even if you know the person on the other end of the line, you cannot see his or her facial expressions, which can provide you with a mountain of information.

Before you even pick up the telephone and place your call the first thing you should do is put a smile on your face. Although the other person cannot see your smile, the warmth and friendliness will come through.

Then, you should identify yourself immediately, and explain the purpose of the call, if it’s not known. It’s important to be businesslike, but some people confuse that with being impolite or stern. You should convey your message, whether it’s
business or not, in a manner that is considerate and gets the point across. Too friendly will be unprofessional; too business-like will be considered rude.

You should never talk down to people, no matter how many levels down the corporate ladder they are, or how much younger they may be. Remember, you'll get further with a person if he or she thinks you care. Even if it takes time, you should always try to create an atmosphere of caring. The time will have been well spent, if you make a new friend or reassure an old one.

Creating rapport has many benefits. Think of it as a basic human-relations skill that can further your own goals or objectives. And you can establish rapport simply by taking the time to make a person feel comfortable in your presence.

Here are 10 points that will help you create a good first impression and establish rapport:

1. Dress well and to the other person's expectations.
2. Smile when you first see the person.
3. Establish and maintain eye contact.
4. Be the first to say hello and extend your hand.
5. If the meeting is in your office or home, greet the person at your door.
6. Deliver a sincere greeting.
7. Use the person's name
8. Don't speak too softly or loudly.
9. Do any necessary homework about the person you are meeting.
10. Do more listening than talking.

When you are putting together the elements that create an inviting and pleasing atmosphere, don't go overboard. Make sure that what you do is appropriate for the occasion.

With a little fine-tuning, anyone can become a person of warmth, concern, and charm. By learning the art of rapport and making it a part of your everyday life, you will become a person who makes friends, influences colleges, and rises to the top.